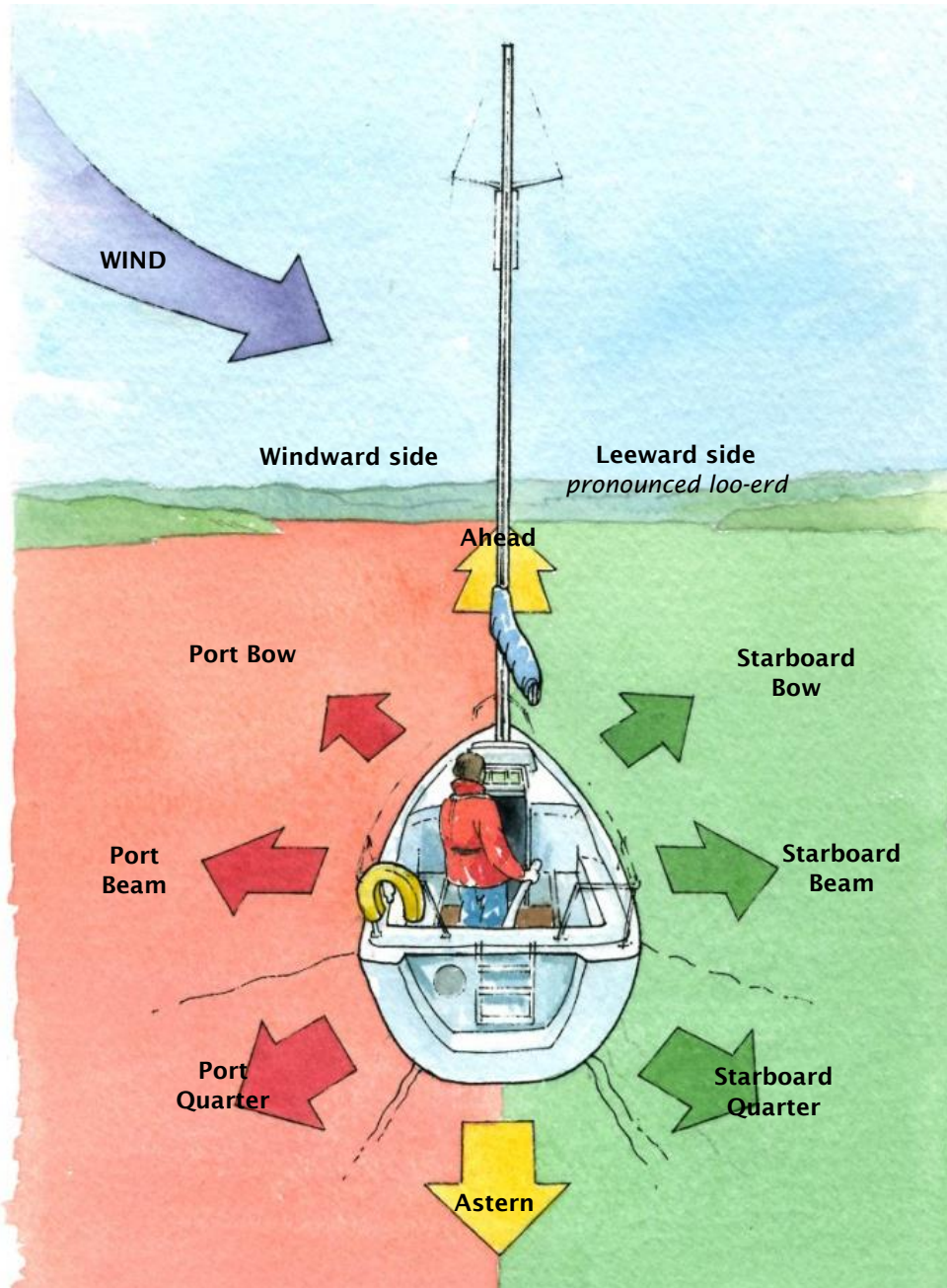


PRE-COURSE READING: COMPETENT CREW

Thank you for booking your Competent Crew course with Endeavour Sailing

The following literature has been designed to help you learn some of the terms that you are going to hear during your course. Please do not worry though if you cannot remember it all as you will be taught these terms and many more during your time with us.



PRE-COURSE READING: COMPETENT CREW

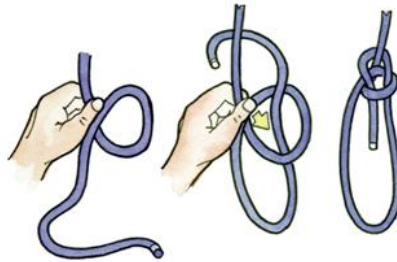
You will be “learning the ropes” during your time with Endeavour Sailing. There are a few knots to learn, some of which you will use a lot during the course. Some very helpful knot-tying videos are available on YouTube.

Round turn & two half hitches



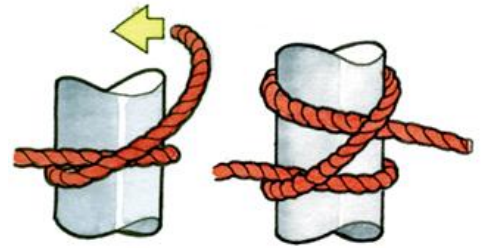
Multipurpose knot which can be untied under tension. Used for mooring lines and fenders

Bowline



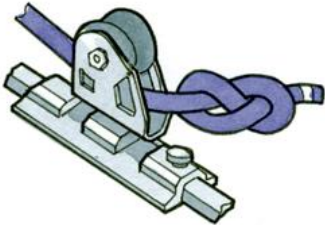
Very secure knot but cannot be untied if under tension. Used for mooring lines

Clove Hitch



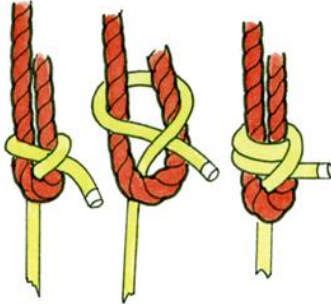
Can be easily adjusted and is ideal for securing fenders

Figure of Eight



Acts as a stopper knot to prevent a rope from escaping

Double & Single sheet bends



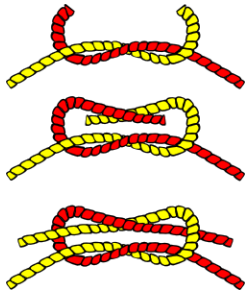
Used to join two ropes of different thicknesses

Rolling Hitch



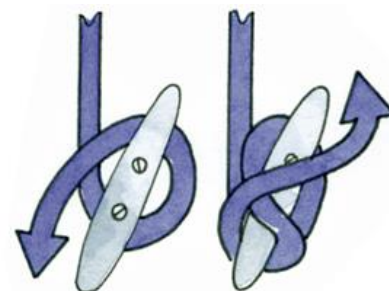
Ideal for taking the strain off another rope

Reef Knot



Used to join ropes of equal thickness together or to tie up a sail

“OXO”



Used to attach a rope to a cleat. A round turn “O” followed by an “X” followed by another “O”.

Coil




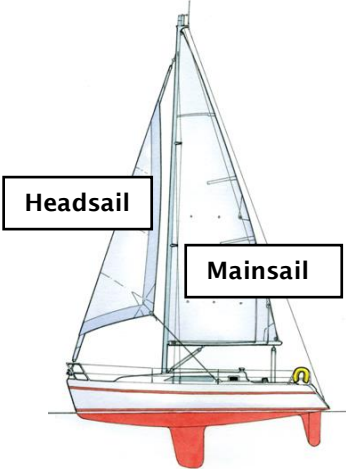



A neat way to store a rope so that it doesn't turn into spaghetti!

PRE-COURSE READING: COMPETENT CREW

Glossary of Terms

Listed below are a few of the strange nautical terms you will hear and be using throughout your Competent Crew course. In sailing everything has a different word, left is port, right is starboard, the toilets are the heads and on it goes...

Port	The left-hand side of the boat if you are facing towards the front of the boat (bow)	 <p>Winch</p>  <p>Anchor</p>  <p>Lifejacket</p>  <p>Headsail</p> <p>Mainsail</p>  <p>Windlass</p>
Starboard	The right-hand side of the boat if you are facing towards the front of the boat (bow)	
Stern	The back of the boat (blunt end!)	
Bow	The front of the boat (pointy end!)	
Beam	The middle of the boat, halfway between the stern and the bow. Usually the widest part of the boat	
Mast	The mast of a sailing ship is a tall, vertical spar (pole) which supports the sails	
Boom	A boom is a horizontal spar (pole) attached near to the base of the mast	
Winch	A winch is a mechanical device that is used to pull-in, let-out or otherwise adjust the tension of a rope	
Hull	The watertight body of a boat. A yacht hull can be made of plastic, wood or metal	
Headsail, Foresail, Jib or Genoa	Terms used to describe the same sail, i.e. the one that is at the front of the boat. Strictly speaking a Jib does not pass the mast and a Genoa does	
Mainsail	A mainsail is the most important sail and is raised up the mast of a sailing vessel	
Anchor	Hook-like device dropped onto the seabed to secure a boat in a bay or by a beach. The anchor is connected to the boat via a rope or chain	
Windlass	Machine that raises or lowers the anchor	
Mooring	Securing the boat by means of mooring lines or anchor	
Berth	Term used in ports and harbours to define a specific location where a vessel may be berthed (parked). Most berths will be alongside a quay or a jetty (large ports) or pontoons (small harbours and marinas).	
Hatches	Windows	
Galley	Kitchen	
Heads	Toilet or bathroom	
Lifejacket	Safety device worn by all crew members. It is designed to keep you afloat should you fall into the water	
Fender	Inflatable bumpers used to keep boats from banging into the berth or each other.	
Ropes	There is only one piece of rope on a boat ... the bell rope. The rest, if you have not guessed already, all have different names ...	
Halyard	Rope used to raise a sail or a flag	
Sheet	Rope used to control a sail	
Mooring Line	Rope used to secure the boat in its berth	