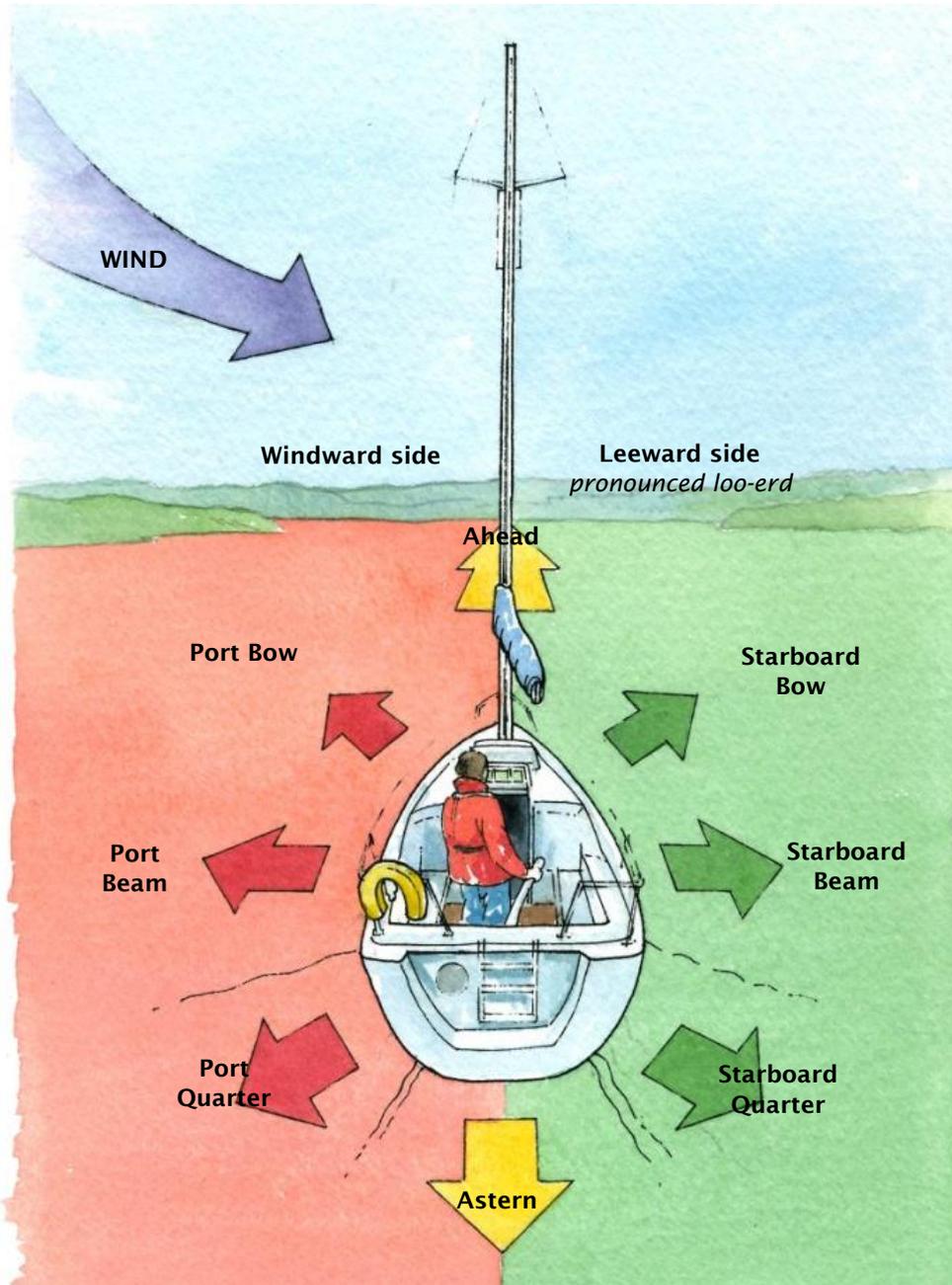


## PRE-COURSE READING: COMPETENT CREW

### Thank you for booking your Competent Crew course with Endeavour Sailing

The following literature has been designed to help you learn some of the terms that you are going to hear during your course. Please do not worry though if you cannot remember it all as you will be taught these terms and many more during your time with us.



## PRE-COURSE READING: COMPETENT CREW

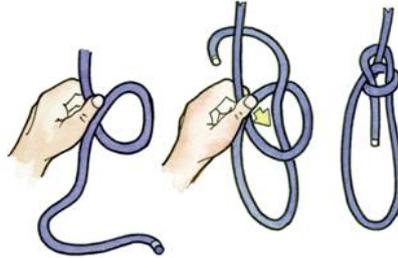
You will be “learning the ropes” during your time with Endeavour Sailing. There are a few knots to learn, some of which you will use a lot during the course. Some very helpful knot-tying videos are available on YouTube.

### Round turn & two half hitches



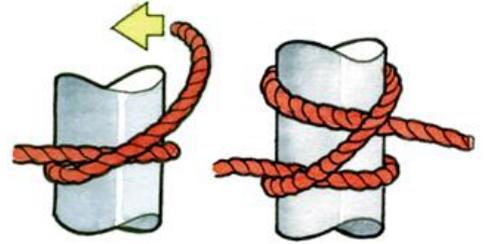
Multipurpose knot which can be untied under tension. Used for mooring lines and fenders

### Bowline



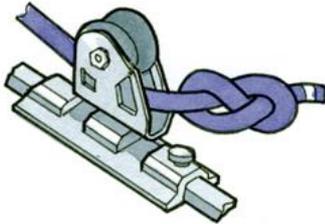
Very secure knot but cannot be untied if under tension. Used for mooring lines

### Clove Hitch



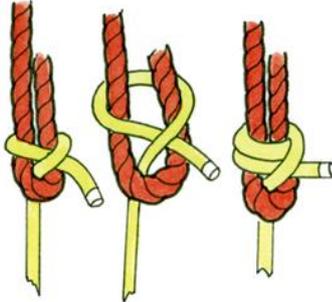
Can be easily adjusted and is ideal for securing fenders

### Figure of Eight



Acts as a stopper knot to prevent a rope from escaping

### Double & Single sheet bends



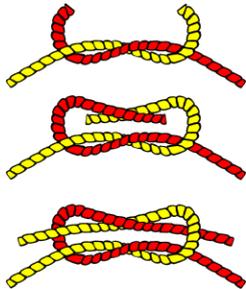
Used to join two ropes of different thicknesses

### Rolling Hitch



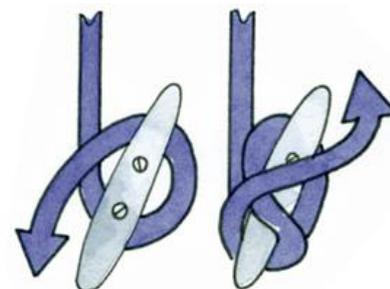
Ideal for taking the strain off another rope

### Reef Knot



Used to join ropes of equal thickness together or to tie up a sail

### “OXO”



Used to attach a rope to a cleat. A round turn “O” followed by an “X” followed by another “O”.

### Coil

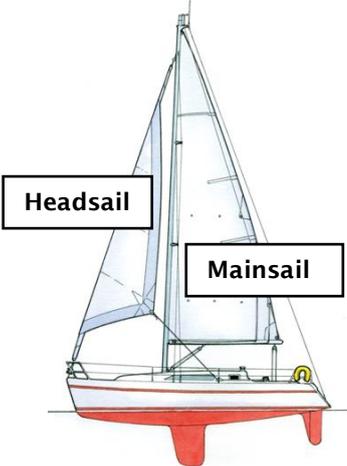


A neat way to store a rope so that it doesn't turn into spaghetti!

## PRE-COURSE READING: COMPETENT CREW

### Glossary of Terms

Listed below are a few of the strange nautical terms you will hear and be using throughout your Competent Crew course. In sailing everything has a different word, left is port, right is starboard, the toilets are the heads and on it goes...

<b>Port</b>	The left-hand side of the boat if you are facing towards the front of the boat (bow)	 <p>Winch</p>  <p>Anchor</p>  <p>Lifejacket</p>   <p>Windlass</p>
<b>Starboard</b>	The right-hand side of the boat if you are facing towards the front of the boat (bow)	
<b>Stern</b>	The back of the boat (blunt end!)	
<b>Bow</b>	The front of the boat (pointy end!)	
<b>Beam</b>	The middle of the boat, halfway between the stern and the bow. Usually the widest part of the boat	
<b>Mast</b>	The mast of a sailing ship is a tall, vertical spar (pole) which supports the sails	
<b>Boom</b>	A boom is a horizontal spar (pole) attached near to the base of the mast	
<b>Winch</b>	A winch is a mechanical device that is used to pull-in, let-out or otherwise adjust the tension of a rope	
<b>Hull</b>	The watertight body of a boat. A yacht hull can be made of plastic, wood or metal	
<b>Headsail, Foresail, Jib or Genoa</b>	Terms used to describe the same sail, i.e. the one that is at the front of the boat. Strictly speaking a Jib does not pass the mast and a Genoa does	
<b>Mainsail</b>	A mainsail is the most important sail and is raised up the mast of a sailing vessel	
<b>Anchor</b>	Hook-like device dropped onto the seabed to secure a boat in a bay or by a beach. The anchor is connected to the boat via a rope or chain	
<b>Windlass</b>	Machine that raises or lowers the anchor	
<b>Mooring</b>	Securing the boat by means of mooring lines or anchor	
<b>Berth</b>	Term used in ports and harbours to define a specific location where a vessel may be berthed (parked). Most berths will be alongside a quay or a jetty (large ports) or pontoons (small harbours and marinas).	
<b>Hatches</b>	Windows	
<b>Galley</b>	Kitchen	
<b>Heads</b>	Toilet or bathroom	
<b>Lifejacket</b>	Safety device worn by all crew members. It is designed to keep you afloat should you fall into the water	
<b>Fender</b>	Inflatable bumpers used to keep boats from banging into the berth or each other.	
<b>Ropes</b>	There is only one piece of rope on a boat ... the bell rope. The rest, if you have not guessed already, all have different names ...	
<b>Halyard</b>	Rope used to raise a sail or a flag	
<b>Sheet</b>	Rope used to control a sail	
<b>Mooring Line</b>	Rope used to secure the boat in its berth	